

A Quarterly Communiqué from Women in Aerospace Canada - Atlantic



I can't believe we're already a fourth of the way into 2019. For me, the spring always evokes such wonderful feelings of new growth, opportunity, and ongoing focus. This quarter, we celebrated International Women's Day, kicked off 5 à 7 Meet and Greets, and shared important messages about self-care. Read on to learn what we've been up to and what next

quarter has in store for the organization.

Eva Martinez, Vice-President WIA-Canada

About WIA-Canada

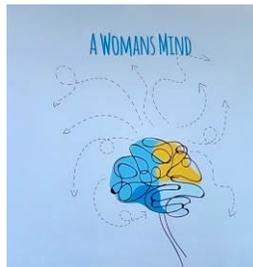
Women in Aerospace Canada (WIA-Canada) is a not-for-profit organization dedicated to expanding women's opportunities for leadership and professional development as well as increasing their visibility in the aerospace community by creating a professional network in Canada and across the globe. Learn more at www.wia-canada.org.

Recent Events

Doodle Lovely - NS



With self-care being such a critical element for our personal and professional lives, we invited Melissa Lloyd of DoodleLovely to host a workshop! We gathered at Chorus Aviation on Jan 24 for **Start Prioritizing You – The Importance of Self-Care and Creativity**. Melissa provided simple methods and tools to help us find calm and clarity, to keep stress at bay, and ultimately bring more confidence in our lives. If you missed the workshop you can still access Melissa's product line and freebies to connect with your creative soul and unlock the treasures and peace you may be looking for.



St. John's 5 à 7 Meet & Greet

Whenever I travel to St. John's for work, I'm going to make it a point to set aside one evening to host a 5 à 7. If you're unfamiliar with the concept, these are informal networking events and an opportunity to create connections and meet others working in the aerospace

sector. With two such events under our belt – Feb 21 and Mar 20 – these drop-ins are a great way to stay in touch.



International Women's Day – NS

Membership has its privileges! On Mar 7, the Halifax Stanfield International Airport Authority extended an invitation to active members of Women in Aerospace Canada for a breakfast to celebrate International Women's Day (IWD). Jennifer Gillivan, President and CEO of the IWK Foundation, delivered a beautiful and inspiring message on the importance of women owning their own power and being a champion for other women.



#balanceforbetter2019

LtoR: Joyce Carter, Jennifer Gillivan, Eva Martinez

Think8 Women – NS

On Mar 7, L3 MAS hosted Women in Aerospace Canada for a Living On Purpose roundtable with Nancy Trites Botkin, founder of [Think8 Women](http://Think8Women). The key takeaway was that women need female friendships as part of a healthy lifestyle. Nancy Trites Botkin empowers women, enabling them to find their purpose, align their life and use all their gifts fully, helping women recognize their power and strengths.



If you missed Nancy's roundtable, she will be back in Halifax Apr 24-26 for a weekend retreat. Nancy will tackle four key areas in personal and dynamic roundtables – Authentically You, Finding Your Voice, Finding Your Power, and Standing Up For Yourself. It's filling up fast so don't delay in registering. For details on the Halifax Retreat go to www.think8women.com/halifax2019.

Women in Aviation Worldwide – NB

IWD wrapped up on Mar 9 at the Moncton Flight College (MFC) Open House in Moncton, NB as part of Women of Aviation Worldwide (WOAW). Alongside the Atlantic Canada Aerospace and Defence Association (ACADA), WIA-C welcomed the general public, with a strong emphasis on encouraging girls and women to learn more about the industry and explore career opportunities. Over the course of the day, participants were treated to a tour of MFC's operations, classrooms, and flight simulators, while introductory familiarization flights in MFC's Cessna and Diamond aircraft were available for those who were interested. The event included a panel discussion with a diverse group of women representing a variety of careers in aviation and aerospace. The panelists included:

- **Sgt. Ginette Harvey** – Avionics Technician, 403 Helicopter Operational Training Squadron, CFB Gagetown
- **Rebecca Barkhouse** – First Officer EHS (PAL Aerospace) and Class 2 Flight Instructor (Moncton Flight College)
- **Johanne Gallant** – President/CEO, Fredericton International Airport Authority
- **Stephanie Nash** – Quality Assurance Supervisor, APEX Industries
- **Stéphanie Clark** – CEO, Charlo Regional Airport Authority

The 2019 turnout was the largest in history for MFC!



Upcoming Events

Keep an eye on your inbox for details on these upcoming events:

- Networking 101 (Halifax, NS)
- 5 à 7 Meet and Greets (various)
- Summer socials (various)

Other News

Atlantic Connections Conference 2019 – PEI

The 2019 Atlantic Connections Conference will be taking place May 30-31, 2019 at the Faculty of Sustainable Design Engineering Building at UPEI, Charlottetown.

ACT provides an opportunity for individuals and organizations from Atlantic Canada to work together to tackle the advancement and retention of women and gender minorities in Science, Engineering, Technology and Trades (SETT) workforce within industry and academia. The theme of this year's conference is Sustaining Women in SETT. For details go



www.atlanticconnections.ca. Early bird registration is Apr 19.

NS Graduate Hiring Incentive



The Nova Scotia Graduate to Opportunity Program provides salary contributions to small

businesses, start-up companies, social enterprises, and non-profit organizations to help hire a recent grad. To learn more, go to www.novascotia.ca/gto.

Canadian Women in Aviation (CWIA)

Beyond Horizons is the theme for the 2019 Canadian Women in Aviation conference. The goal is to envision what lies beyond our collective horizons. The conference which takes place in Ottawa Jun 19-22 is a great way to make friends, explore opportunities, get lost in thought, have brilliant ideas and discover exciting new possibilities.



To learn more about the conference or to register, go to www.cwia.ca.

WinSETT – NL



WinSETT – Women in Science, Engineering, Trades and Technology is offering leadership courses in St. John's, NL and WIA-Canada members are eligible for a 10% discount using promo code **WIA10**. Click [here](#) for more info and to register.

The topics are:

- Negotiating for Success (Apr 17)
- Navigating Politics in the Workplace (May 23)
- Networks, Mentors, and Sponsors (Jun 13)

Stay Connected / Become a Member

Join our mailing list by sending an email to [Leigh Kras](#) or [Eva Martinez](#). And consider becoming a member! Members of WIA-Canada represent all levels of employment in aerospace – from entry level to senior executives, from administrative to technical to engineering roles and everything in between. If you are a woman working in the aerospace industry, WIA-Canada is definitely for you! As a not-for-profit organization, Women in Aerospace Canada uses membership fees as predictable and ongoing funding of our operational expenses. Benefits of memberships include:

- **Front of Line** – members receive exclusive first round early access to tickets before non-members; avoid the disappointment of a sold out event when tickets go public!
- **Event Discounts** – members benefit from lower pricing for their tickets compared to full-price for non-members.
- **Exclusive Events** – invitations to member-only events.
- **Newsletter** – free announcements and advertising in the Quarterly Newsletter.

Check out our Website – www.wia-canada.org